

**FIGURE AX.18**  
**METHOD MIX FROM MOST**  
**RECENT SURVEY**

**SDM** Standard Days Method  
**LAM** Lactational Amenorrhea Method  
**IUD** Intrauterine Device

COUNTRY	SDM	LAM	CONDOM	PILL	INJECTABLE	IMPLANT	IUD	FEMALE STERILIZATION	MALE STERILIZATION	OTHER MODERN METHODS	TRADITIONAL METHODS
AFGHANISTAN	-	3.8	7	25.8	45.1	3.8	5.6	2.8	0.9	0.5	4.7
BANGLADESH	-	-	9	44.5	18.3	1.8	1.1	8.2	2	-	15.1
BENIN	-	2.9	22.9	9.3	12.1	5.7	2.9	0.7	-	7.1	36.4
BHUTAN	-	-	8.4	11.4	44.1	0.2	5.6	10.8	19.2	-	0.3
BOLIVIA	-	1.2	8.7	5.8	17.8	-	13.5	10.4	0.2	0.2	42.2
BURKINA FASO	-	0.6	20.1	18.2	33.1	18.8	1.3	0.6	-	-	7.1
BURUNDI	-	-	6	10.4	47	3	12.7	3	-	-	17.9
CAMBODIA	-	-	5.4	31.2	20.7	1	6.1	4.8	-	-	30.9
CAMEROON	-	0.8	46	6.8	9.7	2.1	0.8	1.7	-	-	32.1
CENTRAL AFRICAN REPUBLIC	-	18.4	15.8	38.8	3.3	1.3	-	1.3	-	-	21.1
CHAD	-	59.2	2	10.2	18.4	-	-	2	-	-	8.2
COMOROS	-	3.7	14	14.7	27.2	8.1	-	4.4	-	-	27.9
CONGO (BRAZZAVILLE)	-	-	35	5.9	4.3	0.2	-	0.2	-	4.7	49.7
CÔTE D'IVOIRE	-	2	25.3	30.8	9.6	0.5	0.5	0.5	-	1.5	29.3
DJIBOUTI	-	-	1.1	76.4	14	-	2.2	2.2	-	-	3.9
DPR KOREA	-	-	10	6.4	-	-	73.5	7.6	1.4	1.2	-
DR CONGO	1.5	-	17.2	3.4	5.9	3.4	1	3.4	0.5	2	61.8
EGYPT	-	-	1.2	19.8	12.3	0.8	60	1.7	-	-	4.3
ERITREA	-	24.1	10.3	17.2	31	-	5.2	1.7	-	-	10.3
ETHIOPIA	-	-	1.5	7.7	71.4	11.7	1	2	-	-	4.6
GAMBIA	-	-	6.7	23.3	43.3	6.7	3.3	6.7	-	-	10
GHANA	-	-	7.3	26.1	34.6	13.9	2.8	2.5	-	5.3	7.5
GUINEA	-	12.8	27.9	18.6	18.6	1.2	2.3	1.2	-	-	17.4
GUINEA-BISSAU	-	19.7	22.5	8.5	10.6	-	28.2	-	-	3.5	7
HAITI	-	0.8	24.6	7.2	49.6	4.7	-	3.8	0.4	0.4	8.5
HONDURAS	-	-	7.4	15.2	23	-	9.4	32.6	0.4	-	12.1
INDIA	-	-	10.1	6.6	-	-	3.3	65.7	2	0.6	11.7

FIGURE AX.18 CONTINUED

SDM Standard Days Method  
LAM Lactational Amenorrhea Method  
IUD Intrauterine Device

COUNTRY	SDM	LAM	CONDOM	PILL	INJECTABLE	IMPLANT	IUD	FEMALE STERILIZATION	MALE STERILIZATION	OTHER MODERN METHODS	TRADITIONAL METHODS
INDONESIA	-	-	2.8	21.9	51.4	5.3	6.6	5.3	0.2	-	6.6
IRAQ	-	4.4	3.6	30	5.9	0.2	17.8	5.9	-	0.8	31.5
KENYA	-	1.3	8.1	14.7	46.3	4.1	3.1	10	-	-	12.5
KYRGYZSTAN	-	0.4	21.9	4.5	1.2	-	60.3	4.5	-	-	7
LAO PDR	-	1.2	2.2	42.7	27.4	0.2	3.2	9.3	-	-	13.9
LESOTHO	-	-	29.4	21.7	37.2	0.3	3.6	4.7	-	-	3.1
LIBERIA	-	-	2	24.6	55.2	10.3	-	1.5	-	1	5.4
MADAGASCAR	-	2.5	3.1	15	44.2	3.8	0.9	2.8	0.3	-	27.3
MALAWI	-	-	7.9	5.4	54.2	3.1	0.6	21.2	-	-	7.6
MALI	-	-	2	26	38	24	3	1	-	-	4
MAURITANIA	-	-	4.7	66.3	11.6	-	3.5	1.2	-	1.2	11.6
MONGOLIA	-	0.4	12.7	22.5	8.4	0.5	41.3	5.1	0.7	0.2	8.2
MOZAMBIQUE	-	0.8	24.2	34.7	34.7	-	1.6	1.6	-	-	2.4
MYANMAR	-	0.2	0.9	25	59.8	0.2	4.6	7.8	0.9	-	0.7
NEPAL	-	-	8.6	8.4	18.3	2.3	2.6	31.1	15.7	-	13.1
NICARAGUA	-	1.2	5.5	17.4	30.5	-	5.1	35.9	0.4	-	3.9
NIGER	-	28	0.8	40	15.2	2.4	0.8	0.8	-	-	12
NIGERIA	0.6	1.9	28.1	11.9	15.6	1.9	5	1.9	-	3.1	30
PAKISTAN	-	4.2	24.8	4.5	7.9	-	6.5	24.5	0.8	0.6	26.2
PAPUA NEW GUINEA	-	-	5.4	13.8	27.5	-	-	26.7	1.3	-	25.4
PHILIPPINES	0.4	0.9	3.5	34.7	6.7	-	6.4	15.5	0.2	0.2	31.6
RWANDA	1	1	6.3	13.6	51	12.6	0.7	1.7	-	-	11.9
SAO TOME AND PRINCIPE	-	1.3	23.2	34.3	26.8	-	1	2.9	-	-	10.5
SENEGAL	-	0.6	3.4	28.5	34.6	15.1	5.6	1.7	-	0.6	10.1
SIERRA LEONE	-	5.4	1.2	23.5	45.2	14.5	0.6	3	-	-	6.6

FIGURE AX.18 CONTINUED

SDM Standard Days Method  
LAM Lactational Amenorrhea Method  
IUD Intrauterine Device

COUNTRY	SDM	LAM	CONDOM	PILL	INJECTABLE	IMPLANT	IUD	FEMALE STERILIZATION	MALE STERILIZATION	OTHER MODERN METHODS	TRADITIONAL METHODS
SOLOMON ISLANDS	-	0.4	7.6	3.4	25.1	-	5.3	35.4	0.8	-	22.1
SOMALIA	-	-	-	44.4	11.1	-	5.6	-	-	-	38.9
SOUTH AFRICA	-	0.2	12.4	17.9	53.2	-	1.2	14.5	0.6	-	-
SOUTH SUDAN	-	12.5	10	7.5	10	-	-	2.5	-	-	57.5
SRI LANKA	-	0.1	8.1	11.6	22.1	0.4	9.3	24.9	1	-	22.4
STATE OF PALESTINE	-	5.3	9.7	12.8	1.3	-	50.2	5	-	-	15.6
SUDAN	-	-	-	-	-	-	-	-	-	-	-
TAJIKISTAN	-	0.5	8	8	6.9	-	67	2.1	-	-	7.4
TANZANIA	-	3.5	14.6	17.8	29.6	6.3	1.4	8.7	-	-	18.1
TIMOR-LESTE	-	-	0.7	7.4	71.1	3.7	5.9	3.7	-	2.2	5.2
TOGO	-	-	10.6	11.1	35.9	23.7	4	1.5	-	-	13.1
UGANDA	-	0.4	13.5	8.9	45.1	8	1.7	9.3	0.4	-	12.7
UZBEKISTAN	-	4	3.4	3.5	4.2	0.2	76.6	3.2	0.2	0.2	4.6
VIETNAM	-	0.3	16.3	13	2.2	0.3	39.8	5	0.1	0.1	22.9
WESTERN SAHARA	-	-	-	-	-	-	-	-	-	-	-
YEMEN	-	11.9	1.5	34.6	12.5	1.8	17.6	6.9	0.3	-	12.8
ZAMBIA	-	13.7	16.7	24.7	20.7	1	0.3	4.7	-	-	18.1
ZIMBABWE	-	0.2	9.2	65.9	14.7	5.3	0.5	2.2	-	-	1.9